

# Cleous Bites

Bringing Great Quality  
Food to Your Community

Tel: 07492 368466

## Vegan/Vegetarian Menu

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### Vegan and vegetarian finger buffet food menu (Choose 3)

- Vegan sausage rolls
- Cucumber, carrot sticks with Hummus
- Vegetable Samosa rolls
- Spinach Bites
- Vegetable spring rolls
- Vegan pieces
- Vegetable fingers
- Vegetable sausages
- Vegan meatballs
- Falafels
- Cheese and onion rolls
- Sweet potato pakora
- Spinach and pine nut bites
- Garlic sourdough bread

### Salads – Vegan and vegetarian (Please specify) (Choice of 2)

**Vegan Greek pasta** with black olives, cheery tomato, red onion, green pepper served in a olive oil, garlic and oregano dressing.

**Broccoli pasta salad** with artichoke hearts, cherry tomato and red pepper pesto sauce

**Sweetcorn and bell pepper pasta salad** served in a olive oil, garlic, lemon and mustard dressing

**Bulgar Wheat salad** with red onion, spring onion tomato, parsley and mint and lemon olive oil dressing

**Chickpea salad** with shredded carrots, onions, parsley served in a lemon dressing

**Beetroot salad** with parsley served in a lemon and olive oil dressing

**Vegan Chunky coleslaw** – Cabbage, carrots, onions in a vegan mayonnaise

**Kale, chickpea and carrot salad** – with avocado and ginger dressing



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## LARGE BITES - Minimum of 8 to be ordered

- Large vegan sausage rolls
- Mexican bean rolls
- Cornish Vegan Pasty

### Vegan sandwiches - (Choice of 2)

- Egg-less mayo – Tofu in vegan mayonnaise
- Vegan cheese salad
- Coronation chickpea
- Vegan chicken slices with salad
- Hummus and salad
- Smashed avocado with salad
- Spinach hummus
- Vegan chilli

### Vegetarian sandwiches (Choice of 2)

- Egg mayonnaise with cress
- Cheese and onion mix
- Cheese, tomato and pickle
- Hummus and salad
- Avocado and salad
- Red pesto hummus and salad
- Tuna and cucumber

### Vegan meze boards

**Starting from £65.00**

Three bean salad, nuts, olives, hummus, guacamole, cucumber, carrots, radish, celery sticks, breads, breadsticks, sundried tomato's, fruits.

### Choice of breads

- Sourdough
- Granary bread
- Brown bread
- White bread
- Seeded Bread
- Tiger bread

### Gluten Free

We have a number of gluten free options, available on request

**Hot dishes available upon request**

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